

THE
NEW MESSAGE
FROM GOD

GUIDELINES FOR LIVING
THE NEW MESSAGE FROM GOD

FOR PEOPLE EVERYWHERE

- 1) Quiet time each day to consider the wisdom of your thoughts and actions.
- 2) Make no opinions about anything unless you have spent considerable time studying the problem and its many conceived solutions. Ask yourself if you are really certain about something or are only guessing.
- 3) Do not waste your precious time and energy complaining about something if you are not prepared to take action regarding it.
- 4) Forgive those who seem to err against you or the world. Ask yourself what genuine need they are attempting to express and fulfill by their behavior.
- 5) Make sure that everything you own really serves you. Travel light and create time for more important things.
- 6) Consider that you have Four Pillars that are upholding your life:
 - The Pillar of Relationships
 - The Pillar of Health
 - The Pillar of Work & Providership
 - The Pillar of Spiritual Development

To be happy and successful, you will need to build each of these Pillars and not sacrifice one for the others.
- 7) Reduce your energy use by 25-50% to save your community and the world from depletion and ruin.
- 8) Honor your parents and try to understand the circumstances that determined their decisions and behavior.
- 9) Know that there is a New Message from God in the world and that it is here to uplift a struggling humanity, beginning with the individual.

- 1) Practice the recommendations given for people everywhere (see above).
- 2) Two practices a day – practicing your step in Steps to Knowledge, being still or contemplating an important question or decision.
- 3) Weekly review of the Four Pillars of your life and a plan of action to build each one for the following week.
- 4) Read the Books of the New Message daily or listen to the Voice of Revelation daily even if only for a few moments, to stay connected to your greater work and calling.
- 5) Share parts of the Teaching in the New Message with others, even if you do not mention where it comes from. Others can benefit from what you are learning now.
- 6) Set aside one evening a week for quiet, meditation and study.
- 7) Come to be with the Messenger at least once a year, if you are able, in order to stay connected with him and the great gift that he has given to you through the New Message and Steps to Knowledge.
- 8) Prepare for the Greater Community by studying The Allies of Humanity Briefings and Greater Community Spirituality so that you may gain the vantage point to see both the great danger facing humanity and the great opportunity for human unity that the Greater Community presents.
- 9) Support the Message and the Messenger in whatever way you can. His task is immense, and he will need your continued support.
- 10) Build strength through your Four Pillars to withstand the Great Waves of change so that you may be a source of certainty and peace and a forebearer of the New Message in the difficult times ahead.

